

**Council for Aboriginal  
Alcohol Program Services Corp.**



# **ANNUAL REPORT**

**2018**



## About Us

CAAPS is a community controlled Aboriginal Corporation that supports Aboriginal and Torres Strait Islander people and families who are experiencing alcohol and other drug (AOD) issues.

Originally formed in 1984, CAAPS is now registered with ORIC and proudly sponsored by the Commonwealth Department of Prime Minister and Cabinet, the Northern Territory Government, and corporate sponsors such as Viva Energy Australia.

## Our Mission

CAAPS is a family focused Aboriginal and Torres Strait Islander community controlled organisation whose mission is to provide evidence based assistance to overcome problems caused by substance misuse, while raising public awareness and advocating for client and community needs.

## Our Vision

It is the vision of CAAPS to provide excellence in service delivery in the area of substance misuse.

## Values

**Caring** for clients, culture and community. Having **Integrity** and **Pride** in all our actions. Working **Harmoniously** together to **Empower** others to be the best they can. **Respecting** the rights and values of all.



## Services

- A residential AOD rehabilitation service, the Healthy Families Program offers up to 32 places for a family focused 12 week program.
- A 16 week residential Volatile Substance Use (VSU) program for up to 10 clients.
- A homelessness outreach service to the Darwin-Palmerston region.
- Deadly Clever, an education program for young people in VSU program.
- Strong Steps, a satellite counselling service in partnership with Amity Community Services in the Rural Area.

## CAAPS Logo

CAAPS gratefully acknowledges William Parmbuck's contribution to the CAAPS Logo design.



The people in the centre of the logo represent the clients and families who CAAPS help. The people around the outside of the circle are from all the communities that are serviced by CAAPS and are members of CAAPS. The two Boomerangs represent keeping together and staying strong. The gaps at the top and bottom show that CAAPS is always open to Families and also represents their coming in and going out.

## Accreditation

CAAPS has been accredited with QIC, a nationally recognised accreditation program, since 2015. The QIC Health and Community Services Standards support a wide range of organisations like CAAPS, to strengthen and develop a cycle of continuous quality improvement.



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*All information/data in this document is for period of 1st July 2017 - 30th June 2018 only.*

## Messages From Our Board



**Darren Johnson**  
**Chairperson**

It is my great pleasure to welcome you to the CAAPS Annual Report and to share with you some of the highlights, challenges and achievements, which you will find throughout the Annual Report. Without doubt this has been a very exciting and interesting year and I would like to thank all CAAPS management and staff, as well as CAAPS members and the Board of Directors for their continued support and significant contributions throughout the year.

This year CAAPS has concentrated on achieving the very ambitious items identified in the Strategic Plan, which along with addressing the challenges associated with the cyclone has really shown the true spirit, resilience and determination of our staff and Board.

It is my great pleasure to highlight and acknowledge some of CAAPS significant achievements which includes achieving accreditation as a quality organisation and strengthening relationships within the community by developing Memorandum of Understandings with key stakeholder partner organisations, which will benefit our clients.

CAAPS has made a significant investment in the development of staff and 7 staff have graduated with a Certificate IV in AOD and 33 staff have completed Mandatory Reporting training with NAPCAN.

CAAPS has rebuilt the website to assist in marketing and promoting CAAPS, which is now live.

CAAPS has a strong culturally sensitive and productive organisational culture that positively contributes to achieving our purpose.

I would like to thank all CAAPS staff and our CEO Jill Smith for all the tremendous work they do and congratulate them in these achievements.

### Governance Vision Statement

Our governance vision for our future is for CAAPS to provide strong leadership for Aboriginal and Torres Strait Islander families affected by alcohol and other drugs in the Northern Territory. This Board of Directors aims to be accountable, effective, committed and transparent with relation to the governance of the Corporation. Directors are committed to communicate and act in a professional manner that is culturally appropriate for the benefit of the services CAAPS provide.





**Kay Gehan**  
**Vice Chair Person**

CAAPS has taken a gigantic step forward in this past year by achieving re-accreditation, which will be remembered as a significant part of CAAPS growth within the social services sector.

CAAPS is a quality Aboriginal and Torres Strait Islander organisation supporting Indigenous families and individuals with rehabilitation services and I am very proud of our organisation.

I would like to express my gratitude to CAAPS staff. I am impressed with Jill Smith and the team, you have all done an amazing job this year. Volunteers help, support, enrich and compliment the organisation and I would like to acknowledge the work undertaken by my fellow board members as well as members and partners of staff who continually go above and beyond, your commitment does not go unnoticed.



**Frank Ahmat**  
**Director**

I am proud as a Board member to be involved with the work that CAAPS does as this is important work that contributes to the wider community and helps people get back on their feet. It has been a busy year with many challenges, one of which was Cyclone Marcus in March of 2018 that affected all of the greater Darwin area. It was heartening and humbling for me to visit CAAPS after this event and personally observe the dedication of all CAAPS staff and volunteers going beyond their role to make sure that everything was safe and that business and services continued on.

On behalf of the Board of Directors I would like to congratulate Jill and Elizabeth and all of the dedicated CAAPS staff on the wonderful job they are doing and the rest of the Board for their commitment and contributions as a team in setting and achieving strategic goals. Well done and keep up the great work.



## Messages From Our Board



**Rosie Baird**  
**Director**

It has been my pleasure to once again join the CAAPS Board of Directors and I am delighted to note the significant and noticeable changes which have taken place over the past few years.

Working within the Community Services area for some years, I am driven to help Aboriginal people. Volunteer work which supports worthwhile pursuits can be very rewarding and I strongly encourage people within the community to become members of CAAPS and join with us in the great work which is taking place that strengthens our community.

I am very proud of the achievements CAAPS has attained this year and particularly proud of the community spirit shown by CAAPS staff and volunteers in maintaining services during and after the cyclone.

I am also very proud of the work which has taken place to achieve accreditation this year and I would like to take this opportunity to acknowledge and thank CAAPS management and staff who have made this goal a reality.



**Mike Levy**  
**Independent Director**

Having completed my first full year as an Independent Director it is great to be involved in an organisation that provides such an important service to the community. The year has seen many challenges and positive outcomes. CAAPS has successfully transitioned its accounting system to Xero. It was also great to see the efforts of the staff in response to damage caused by the cyclone often beyond what would be expected to ensure the safety and comfort of the clients. I look forward to being involved in the coming year.





## CEO Report

On reflection we experienced a year packed with activity. We started out supporting staff into higher duties while three of our key people took parental leave, we welcomed Elizabeth Stubbs to the Deputy CEO role, and received a 12 month extension of the Strong Steps pilot in partnership with Amity Community Services.

Then came Cyclone Marcus. This weather event had a profound impact on our ability to deliver services, forcing us to operate without power for five days, and challenging our clients and our staff with a knock on effect that lasted for many weeks. While we are still dealing with the remnants of fallen trees around our site seven months later, the most memorable impression of this challenging time is the sheer determination and generosity of our staff to help wherever they could to support our recovery, our clients, and each other. Getting through this tough time brought out the best in our people and brought with it a great sense of pride to be a part of this CAAPS team.

Thanks to the support of Northern Territory Government, capital upgrades this year include more comfortable work spaces and VSU client facilities, and a generator to run our entire facility in the event of any future power outages. Thanks to our finance team lead by Lianne Toohey, we also migrated our finance database to a cloud-based system, upgraded IT infrastructure and hardware, and rebuilt our website with support from Refuel Creative and NT Department of Business.

Thanks also to the resilience and commitment of our staff we were reaccredited as a community health service provider, and achieved our quality improvement goals by meeting all 93 criteria for QIC. I particularly want to acknowledge Elizabeth Stubbs for her incredible focus and leadership throughout this process.

Just to cap this year off, GPT Group spent a day at CAAPS during the build-up in September working alongside our staff to give our grounds and facilities a much needed facelift. The fire pit cooking area and children's play areas received special attention. They not only look great but are much more functional. Many thanks to the team and management at GPT Casuarina Square.

As we bring the year to a close, we bid farewell to our Finance Manager Lianne Toohey and thank her for her efforts through this extraordinary year and welcome Tina Jones to the role. We also say goodbye to two caseworkers Pouv Pich and Mick Peters who demonstrated great strength through some very trying times.

I am encouraged by how far this organisation has evolved in the 34 years it has been operating. One key factor in our success is the commitment and collective vision of the people who support our work; our funders, Members, Cultural Advisors, Board of Directors, staff, and community stakeholders who believe in CAAPS and assist us to deliver on our mission. I sincerely thank you one and all.



**Jill Smith**  
**CEO**

## CAAPS Staff

MAIN OFFICE	
Jill Smith	CEO
Elizabeth Stubbs	Deputy CEO
Tina Jones	Finance Manager
Sharon Smellin	Finance Officer
Tommy Friel	Transport Officer
Katie Karamanakis	Admin Officer
Tania Ballestrin	Admin Officer
Noeline Briston	Hostels Staff
Derylene Voysey	Hostels Staff
Tony Gooch	Casual
AOD TEAM	
Aoife Connaughton	Clinical Manager
Aura Tipene	Admin Officer
Jenny Mahoney	Health Worker
Catherine Coles	Children's Worker
Maria Corbett	HOS Worker
Dermott Tipungwuti	HOS Worker
Ora Opai	Snr Caseworker
Millie Hardy	Facilitator
Anna Medlicott	Counsellor/Caseworker
Paul Tredray	Caseworker
Charlotte Taylor	Intake & Life Skills Coordinator
Jasmin Bartolome	Life Skills Dev. Worker
Paula Marsden	Life Skills Dev. Worker
David Do	Life Skills Dev. Worker
Lasith Karunachcharige	Casual LSDW

AOD TEAM CONT	
Mandeep Singh	Night Staff
Michael Chan	Night Staff
Debbie Harris	Life Skills Dev. Worker
STRONG STEPS TEAM	
Amber-Rose Martin	Counsellor
Kim Brown	YEW/Counsellor
VSU TEAM	
Anupa Mathew	Supervisor
Pouv Pich	Caseworker
John Bonson	Caseworker
Lee Frank	Educator
Levi Aldenhoven	Youth Engagement Worker
Kevin Rickard-Young	Youth Engagement Worker
Catherine Hallworth	Night Staff
Gregory Kawiri	Night Staff
Jo Webster	Casual
Julie Wauchope	Casual
Rhea Eugene	Casual
Sharyn McLeod	Casual





# Cultural Safety Committee

*As an Aboriginal Community Controlled organisation, CAAPS values cultural safety and works within a Cultural Framework to ensure key principles are met.*

## Progress on Key Priorities

### Programs & Services

- Use of Aboriginal specific resources (AimHi Stay Strong app.) as a case management e-mental health tool.
- A validated milestone assessment screening tool for children under 4 years of age (ASQ-Track) implemented.
- Clients referred to culturally safe services, achieved with MOU's with other Aboriginal service providers such as Danila Dilba Health Service and Darwin Indigenous Mens Service.

### Grounds & Facilities

- An environment that is welcoming to Aboriginal people, with art sessions where Aboriginal people from around the NT can create and display art on CAAPS grounds.
- Provision of traditional food and cooking methods, achieved by accessing the supply of bush food (e.g. Goose) and through the restoration of a traditional firepit for cooking.

### Publications

- This year the committee has reviewed a plain language brochure for the AOD program and provided advice on other documents such as program session plans.

- The committee reviewed the new CAAPS website to include a function where photos can be removed from pages prior to viewing.

### CAAPS Workforce

- Plans developed to increase CAAPS skilled Aboriginal workforce which have seen a significant rise in the employment of Aboriginal staff.

### The Cultural Safety Committee

- Meets quarterly and includes members of staff and one male and one female Aboriginal person from the community.
- This year we have welcomed our new female community committee member, Ms Betty Guymatala Malibirr, who brings with her a wealth of cultural experience and knowledge.



## 2017-2018 HIGHLIGHTS

### Strong Steps Pilot Project

The Strong Steps Pilot, a joint initiative with Amity Community Services commenced operations in Coolalinga, providing AOD counseling and information and has received a 12 month extension to funding.



### Improvements to Facilities

During this year there were a number of improvements made to CAAPS facilities including the children's play area, Healthy Families office extension, new kitchen and outdoor BBQ area for VSU program, an on site diesel generator and other improvements to client recreational areas.



### Re-accreditation

CAAPS met all standards related to Governance, Management systems, Consumer and Community Engagement, Diversity and Cultural Appropriateness, and Service Delivery to receive three year QIC re-accreditation.





## Certificate IV

7 staff successfully graduated from Certificate IV in AOD this year. This was made possible through the hard work of the students as well as the amazing support and encouragement from Penny Roberts, Trainer/Mentor.



## NAIDOC Week

CAAPS clients designed a banner by merging the Aboriginal and Torres Strait Islander colours and flags. The banner was waved proudly at 2018 NAIDOC Week March in Darwin.



## DDHS/CAAPS MOU

In July, CAAPS and Danila Dilba Health Services signed an MOU to formalise their delivery of services to joint clients. The signing took place during a NAIDOC week celebration at CAAPS.



# STRATEGIC PLANNING HIGHLIGHTS

## Key Result Area: Resources

1. Commit to Good Governance,  
Risk Management and  
Legal Compliance at all times

**18%**  
increase in  
CAAPS  
membership  
in last  
6 months.

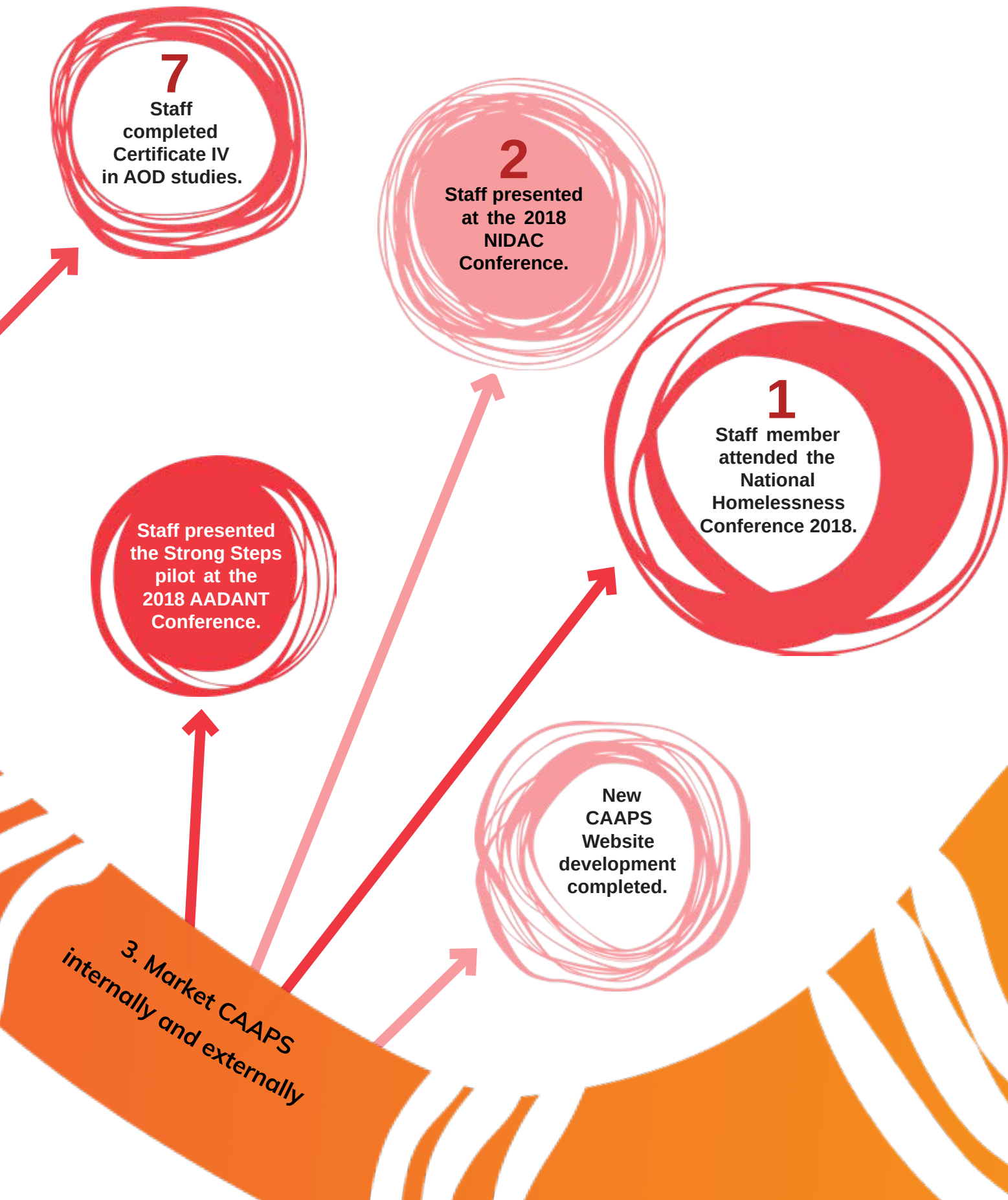
**48%**  
of staff in  
client facing roles  
identify as being  
Aboriginal.

**All 5**  
standards  
(including 93  
evidence indicators  
over 21 criteria)  
met to receive  
re-accreditation under  
QIC Accreditation.

2. Encourage an  
organisational culture  
of improvement and  
sustainability

**5**  
staff received  
awards for their  
outstanding  
promotion of  
CAAPS Values.





# STRATEGIC PLANNING HIGHLIGHTS

Key Result Area: Client Services

**33**

staff attended Child Protection Mandatory Reporting training this year.

**57**

clients attended CAAPS together with their families in the last 6 months.

**148**

program sessions reviewed for improvement.

4. Ensure best practice in clinical governance



**40**  
cultural  
sessions run  
over last  
financial year.

**42**  
Parenting  
Programs  
delivered to  
clients  
(previous six  
months).

**194**  
counselling sessions  
provided as part of  
Strong Steps pilot.

5. Ensure cultural  
connection and family  
are the foundation of  
work with clients

6. Increase the range of  
services provided to clients

**99%**  
of clients identify  
as Aboriginal or  
Torres Strait Islander.

# STRATEGIC PLANNING HIGHLIGHTS

Key Result Area: Partners

**358**

follow up contacts  
made with clients  
who had exited  
CAAPS programs.

**4**

current MOU's with  
community services  
to meet the additional  
needs of clients.

7. Build sustainable links  
with clients' communities



**178**

clients including  
their families  
accessed residential  
rehabilitation through  
Dept. PM&C funding  
(July 2017 - June 2018).

NT Dept. HCD  
fund HOS workers to  
provide support to  
people and their families  
experiencing or at risk  
of homelessness.

8. Work with government  
agencies to deliver  
innovative programs  
which benefit communities

NT Dept of Health  
provides funding for  
10 beds for young people  
accessing treatment  
programs to support them  
with volatile and other  
substance use.

NT PHN  
funded Strong Steps  
pilot has delivered  
400 episodes of care  
including counselling  
interventions as well as  
information, education  
and referrals since  
Aug 2017.

## AOD Program

The 12 week Alcohol and Other Drugs Residential Treatment (AOD) program offers:

- Residential or day options.
- Optional attendance for families and supportive others.
- Intensive case management.
- Therapeutic treatment sessions (CBT, Relapse Prevention).
- Peer support opportunities
- Life skill development sessions and support (cooking, hygiene, parenting, budgeting).
- Discharge planning.

CAAPS treatment program has continued to thrive during 2018. After introducing the revised version at the end of 2017, the feedback and engagement has been very positive. A dedicated AOD Program Facilitator has been a welcome addition to the team and we look forward to measuring the impact that this position will have on program engagement and outcomes.

Collaborations with external community stakeholders including: Malak Family Hub, Catholic Care, Danila Dilba and Darwin Indigenous Men's Service to assist clients in accessing much needed services outside of what CAAPS offers.

CAAPS has embraced the guidelines of the National Principles for Child Safe Organisations. The principles emphasize the importance of culturally safe environments and practices, which are known to improve outcomes.

Additionally, CAAPS has introduced the use of ASQ-TRAK which is a tool for observing and monitoring the developmental progress of Australian Aboriginal children at intervals aged 4 years and under. This tool assists CAAPS staff to make appropriate referrals as well as assisting parents in understanding their children's development in a safe way.

Another highlight has been the art program introduced this year. This program supported specific projects for NAIDOC week, welcome signs for the CAAPS facility and weekly therapeutic sessions.



***"I am strong now  
I have my son back in my  
care, my relationship has  
improved we are able  
to give each other space"***  
- Danielle





***“I got idea from CAAPS that when me and my wife have argument I will get up and walk away. This idea helps me when my family start to argue, I will tell them to stop and walk away, I will also tell them to come to CAAPS that it is a good place.”***  
- Killian



## Statistics

- Clients came from across NT, with 49% from remote top end communities, 30% from Darwin and Palmerston, 12% Katherine, and 9% other NT towns.
- **48** female and 41 male clients.
- Majority of clients accessing treatment were between 30 to 39 years of age, while people aged 18 to 29 years formed the second largest group accessing this program.
- **217** activities provided were designed to increase life skills; budgeting, nutrition, accessing services.
- **89** people participated in therapeutic group sessions: relapse prevention, skills to improve social and emotional wellbeing, and understanding recovery.
- **89** people supported through case management as part of their participation in the AOD Program.
- **53 (60%)** clients completed the 3 Month AOD Program.
- **95%** of clients reported an improvement in coping with their AOD issues through participation in the AOD program.
- **93%** of people who participated in the AOD program felt that their lives had generally improved after completion.
- **74%** clients primary drug of choice was alcohol, **14%** methamphetamine, **10%** Cannabis, with **2%** having no AOD use.

## VSU Program

The Volatile Substance Use (VSU) program offers:

- 16 week treatment program for young people experiencing issues around volatile substances, alcohol and other drugs (residential/day modes).
- Life skill capacity building programs.
- Access to numeracy and literacy programs.
- Intensive case management services.

Recent restructuring of the VSU program, with the introduction of a VSU Supervisor this year has improved support for staff and the VSU program which has seen an overall improvement across all areas of this program.

VSU clients engaged in positive external activities such as Midnight Basketball sessions run by NT Police and also had the opportunity to attend a 2 day camp at Gunlom falls.

The VSU residential kitchen and outdoor BBQ refurbishment has been completed, with outdoor furniture provided by NT Dept. Health. These renovations have been much appreciated by both staff and clients.







***I want to thank you mob for what you did for my son. He's come back from Darwin a different fella. His attitude to family has really changed a lot.***  
- Richie

## Statistics

- **40** clients participated in VSU program between July 2017 to June 2018.
- **85%** of clients attending the VSU program reported petrol as being the primary volatile substance of concern.
- **64%** of clients admitted to the VSU program were male.
- **78%** of clients attending the program were between the ages of 14 to 18 years old.
- **240** therapeutic sessions were provided to clients. Sessions included relapse prevention, stress regulation, substance use recovery, group support, Drumbeat, yoga and art therapy.
- **100** life skill development sessions were provided including budgeting, nutrition/ cooking, hygiene, cybersafety and accessing essential services such as housing and employment.
- **40%** of clients commencing the program completed the full four month program.



## Deadly Clever Program

The Deadly Clever program is available to participants attending the VSU program and provides:

- Tailored numeracy and literacy classes.
- Intensive one on one numeracy and literacy support based around individual assessment and screening.
- Case management around engagement with education and training.

The Deadly Clever program began delivering numeracy and literacy support to young people in August 2017. The program works in conjunction with the VSU program that paves the way for youths to manage their behaviour and be open and able to focus and engage in the Deadly Clever program.

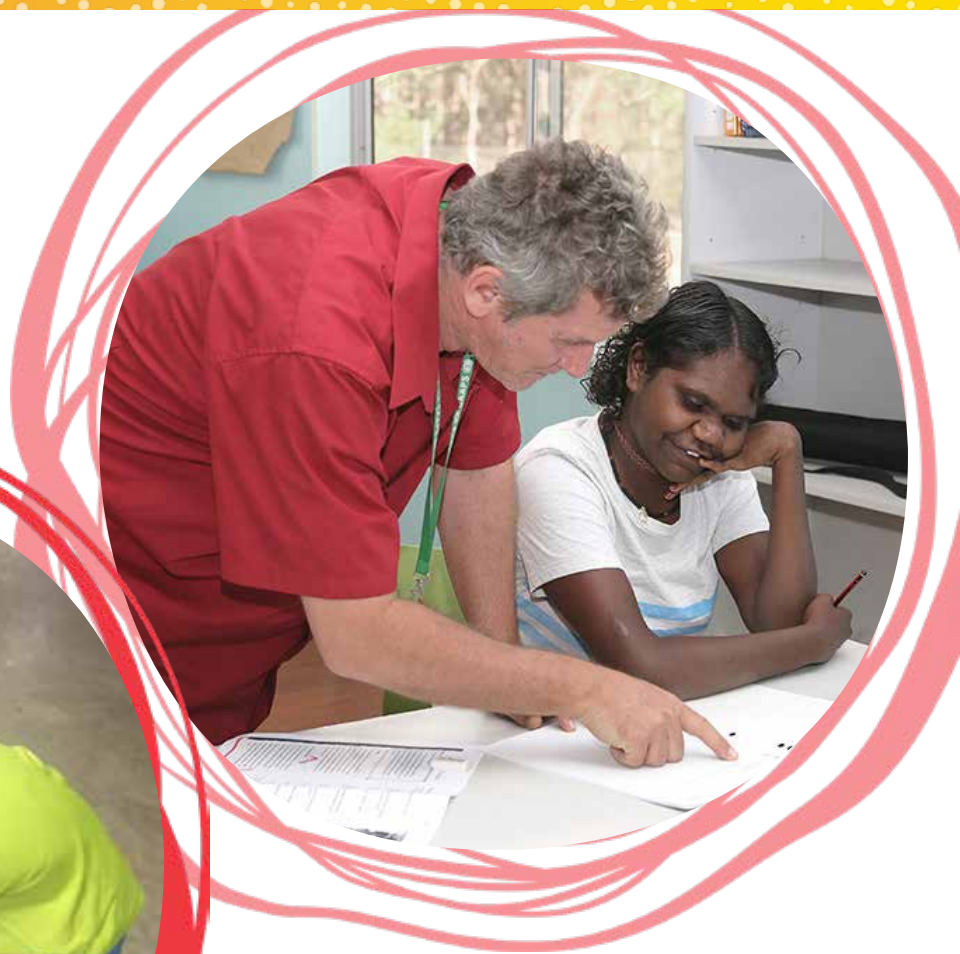
VSU Educator Lee Frank noted that the success that we have seen so far in the program hinges on the highly tailored activities and resources developed for the youths. These are designed to provide positive reinforcement about their identity, health, capabilities, experiences and relationships. Other facets of the program include a highly adaptable nature which taps into client interests and nurtures these to maximise their return to health.

The program's core principles of meaningful engagement through activities young people enjoy and its sustained commitment to provide a wide range of challenging physical and educational tasks has resulted in clients moving away from destructive behaviours and choosing a much more productive path.

## Statistics

- **25** clients participated in the Deadly Clever program, August 17 to June 18.
- **230** group sessions aimed at improving numeracy and literacy skills have been provided to clients.
- **184** hours of intensive individual support have been provided to clients.
- **56%** of school aged clients had little to no school engagement prior to admission into the Deadly Clever program.
- **20%** of clients screened on entry recorded results at or below pre-level one. This shows extreme difficulty in basic foundational skills such as recognising or writing letters or words correctly. It also shows extreme difficulty reading and writing numbers and being able to perform basic number functions such as addition.
- **24%** of clients improved by a full level when screened at completion, showing they developed basic numeracy and literacy skills.
- **32%** of clients improved by at least half a level on completion providing them with a foundation to build capacity in these skills.
- **48%** of clients reported significant improvement in their lives because of improved numeracy & literacy at completion.





## Viva Energy Australia Sponsorship

CAAPS were approached by Viva Energy Australia in late 2016 because they wanted to work with a local service provider in the NT to support young people through treatment for volatile substance use.

As part of Viva's desire to give back to Aboriginal communities and people, Viva instigated the sponsorship of CAAPS Education program allowing us to employ our own teacher to expand our capacity to support young people.



## Strong Steps Pilot

Strong Steps provides people who are impacted either by their own or someone else's methamphetamine, alcohol or other drug use with:

- Counselling
- Assessment and Screening
- Brief Intervention
- Referral
- Information and education

Strong Steps is a pilot initiative from CAAPS Corp. and Amity Community Services Inc. and is funded by the Northern Territory Primary Health Network through the Methamphetamine, Drug and Alcohol Treatment Services funding. This year the pilot has gone from strength to strength, seeing significant increases in referrals and providing an increase in services to the community.

Some of the highlights this year for the project have been the opportunity to present the project's progress to attendees of the Association of Alcohol and other Drug Agencies NT (AADANT) annual conference. This allowed us to showcase the project's achievements so far to a Territory-wide audience. In addition, we were also fortunate enough to be selected to present this project to a national audience at the National Indigenous Drug and Alcohol Committee.

***Kirsten was really looking forward to seeing you today. You are providing such an invaluable support for our clients."***  
-Women of Worth Service







***James informed me today he was surprised at how much benefit he received from the counselling session. He volunteered that he was so impressed he shared his experience with a friend when he got home from counselling. He said he was looking forward to returning for the next appointment”  
-Referrer***

## Statistics

- Strong Steps has provided services to **144** people this financial year.
- **194** counselling sessions were provided to people and their families impacted by substance use.
- **65** brief interventions were delivered to people with the aim of reducing the harms of substance use.
- The top three presenting substances of harm were methamphetamine (45%), Alcohol (42%) and Cannabis (13%).



## Homelessness Outreach Service

Working with people who are at risk of homelessness is time and resource intensive due to the many barriers people encounter, both personal and systemic, and integrating a coordinated approach to case management provides best outcomes. CAAPS Homelessness Outreach Service:

- Connects vulnerable Aboriginal and Torres Strait Islanders who are experiencing or at risk of homelessness to housing options with the goal to secure long term affordable housing.
- Identifies key interventions that will have the greatest impact on individuals including referrals to wrap around services.
- Provides culturally responsive engagement, combining outreach services, information and awareness about harm minimisation and self-care, while fostering independence.
- Provides advocacy to navigate complex service systems, access brokerage and represent clients as Case Lead for clients referred to Homelessness Response Group.
- Participates in joint activities with other organisations eg. Arts in the Grass, Larrakia Nation; Street to Home; Salvation Army; Safer City Program Darwin City Council and Ozanam House SVDP.

### Statistics

- **32** people assisted with crisis and medium to long term accommodation.
- **18** people supported to sustain and maintain tenancy.
- **25** people assisted with household goods, furniture, and food parcels.
- **16** people referred to services who provide crisis support for power bills and food vouchers.
- **3** people received brokerage funds (up to \$1000), through Homelessness Response Group.
- **40** people were assisted as part of a family group.





## Ken's\* Story

Ken came to CAAPS from prison. He was from a remote community where his wife and five children lived but was unable to return home because of fears of retribution. Ken had been on the Darwin DHCD housing waitlist for 6 years. His ultimate goal was to reunite with his family but he needed to secure affordable housing. A HOS referral assisted with housing and Ken was able to move with his family as soon as he completed CAAPS 12 Week AOD program. The HOS worker also referred him to the Homelessness Response Group for brokerage which provided Ken with the means to purchase new electrical goods and a fridge for the house which accommodates his large family in Palmerston under a long term tenancy agreement. Ken and his family were assisted with donations of furniture and kitchenwares. The children are now attending a local school and Ken is actively seeking employment.

*\*name changed for privacy*

## Selene's\* Story

Selene was referred to our service by SupportLink. Selene had escaped a domestic violence situation while living in her home community in Central Australia. She had been relocated to a housing program in Darwin. On completion of the program Selene moved in with family with her two daughters. The household was already overcrowded so she would send her children to and from Darwin to Central Australia to stay with their grandmother. These arrangements had placed considerable financial burden on Selene.

Successful referral was made to provide medium term accommodation. Selene and her children were assisted with the move into their unit and brokerage was received for purchase of new electrical goods and a washing machine. Ongoing support towards long term accommodation continues to be provided by HOS to Selene.

It has been a major adjustment for Selene to get used to living away from her life in remote community in Central Australia but she says she is happy for the help and is settling into her new life here in Darwin.

*\*name changed for privacy*

**Very good,  
it made all the  
difference to know  
someone was working  
hard to get me into  
housing, so I could be  
back with my family.  
-\*Ken**



## Children's Program

The CAAPS Children's Program is available to young people under 18 years of age who are attending CAAPS with a parent or carer participating in the AOD program. The program:

- Provides school aged children with support to access local schools.
- Works with families of school aged children to increase school attendance and engagement.
- Provides early learning for children under school age.
- Provides parenting support to parents and carers.
- Encourages age appropriate protective behaviours.
- Milestone screening and referral.

We have reviewed and improved our program this year with an increased focus on children's learning and development needs. We now cover more areas related to early childhood development and milestones as well as older children's engagement in education. This has worked well across all age groups as the children are engaged in age appropriate learning and activities.



***As the program progressed, the children started to settle and began to respect each other. The children enjoyed the children's activities that were provided during the school holidays.***

***-Kristy***





## Statistics

- **23** children participated in our culturally appropriate early years learning program, providing children with social, intellectual and emotional development, fine and gross motor skills, to meet milestones.
- **32** parents were supported in improving skills related to parenting. This involved attending parenting sessions, support in attending doctors' appointments to increase capacity around health literacy, and support in involvement in their child's schooling.
- **19** children participated in age appropriate protective behaviour sessions.
- **41** children were noted to have improved school attendance while at CAAPS.
- **50** children were observed to have improved school ready skills as a result of being involved in the program.
- **35** male and **25** female children participated in the program.
- **12** children 0-1 years attended.
- **12** children 2-4 years attended.
- **15** children 5-8 years attended.
- **19** children 9-12 years attended.
- **2** children 13-15 years attended.



## Improving Health Outcomes

Having a Health Support Worker as part of the Healthy Families team at CAAPS means that participants of the AOD, VSU and Children's programs have onsite access to support. This support includes issues such as medication management, wound care, chronic disease management and prevention, as well as many other health related issues.

### Services

- Health education.
- Health literacy.
- Medication support, education and compliance.
- Health screening.
- Nutrition and health.
- Youth, under 12 AOD screening.
- Recreation Room fitness level assessment.
- Referral point for allied health services.

### Health Improvements

This year we have introduced improved substance use screening and assessment for youth attending the program as a dependant. The tool has been developed not only for assessment of use, but as a starting point for discussion and early intervention.

Development and Implementation of the Health Bytes Program has also enhanced our support for improved health outcomes for CAAPS program participants.

This program has been developed to present vital health information in short, 30-45 minute blocks helping keep clients engaged in the topics and providing a fun and practical component aimed at reinforcing learning and understanding. The practical component also allows for clients to interact with each other as well as staff, and to feel comfortable asking questions.





## Health Compliance

While there were many clients prescribed medication during their admission to CAAPS, some of this was for a one off treatment, e.g antibiotics, and short term medication to alleviate withdrawal symptoms.

26 clients admitted to the CAAPS program were non or semi compliant with prescribed medications and/or follow up treatment. With education, these clients improved their medication compliance during their CAAPS program. This included parents understanding how to support their child's medication and health needs.

8 clients continued medication compliance post CAAPS admission as well as accessing medical and other allied health services.

All clients admitted to the CAAPS program are reviewed for potential health concerns upon entry, this includes parents and carers of children. Aside from the 26 clients supported to improve medication compliance a further 18 were provided information and support around access to services, sleep hygiene, dental appointments, withdrawal symptoms and management, drug screen results, discharge summary information from hospital and general health results.

All clients, including youth and children are supported to attend a primary health service, usually Danila Dilba Health Services for a comprehensive Health Check.



## Financial Summary

The CAAPS Board would like to thank the following agencies and organisations for their financial support during 2017-18:

- Commonwealth Department of Prime Minister & Cabinet (PM&C)
- NT Department of Health
- NT Department of Housing
- VIVA Energy Australia Pty Ltd.
- Northern Territory Primary Health Network

CAAPS is incorporated under the Corporations (Aboriginal and Torres Strait Islander) Act 2006 and is required to produce an annual General Purpose Financial Report, details of which are summarised below. For the 2017/18 financial year CAAPS recorded a net surplus of \$373,836. The Corporation's property, plant and equipment were valued by an independent valuer, Herron, Todd White as of 30th June 2018 and subsequent adjustments were made through CAAPS Asset Revaluation Reserve. This valuation reflects the fair value of CAAPS assets at the end of the financial year and is in line with current accounting principles and the requirements for national accreditation.

Capital improvements valued at \$321,104 were made to HF Building extension, VSU kitchen refurbishment and VSU outdoor BBQ area, along with a new 63 KVA generator, made necessary by cyclone Marcus. After the asset revaluation decrement was applied, CAAPS comprehensive income figure was \$109,011.

Overall income increased by 21.66% in 2017-2018 due to the receipt of additional funding from the NT Capital Grant. Wages increased by 15% due to a restructure whilst creating two new positions. CAAPS also implemented two new programs: Strong Steps and Deadly Clever, both required additional staff.

Both client income and service delivery expenses increased slightly during 2017-18. Service delivery costs (excluding employee related costs) were approximately 17% of total expenses.

### Income

	2018 \$	2017 \$
<b>Grants</b>	3,891,521	3,188,615
<b>Client income</b>	109,741	105,407
<b>Other income</b>	65,713	52,401
<b>Interest received</b>	14,678	14,980
<b>Gains from disposal of fixed assets</b>	10,000	1,818
<b>Total income</b>	4,091,653	3,363,221

CAAPS received the majority of its income from government grants (\$3,889,559 or 95%). Client tariff contributions accounted for 2.7% of total income during the 2017-18 financial year.



## Expenses

	2018 \$	2017 \$
Service Delivery Expenses	632,691	530,476
Employee Benefits	2,765,033	2,406,804
Other Expenses	320,093	197,076
<b>Total Expenses</b>	<b>3,717,817</b>	<b>3,134,356</b>
Net Current Year Surplus/ (Deficit)	373,836	228,865
<b>Other Comprehensive Income</b>		
Asset Revaluation Increment	(264,825)	(150,761)
<b>Total Comprehensive Income for the Year</b>	<b>109,011</b>	<b>78,104</b>

## Assets

	2018 \$	2017 \$
<b>Current Assets</b>	<b>2,554,525</b>	<b>1,391,415</b>
<b>Non-Current Assets</b>	<b>2,857,477</b>	<b>2,782,419</b>
<b>Total Assets</b>	<b>5,412,002</b>	<b>4,173,834</b>
<b>Current Liabilities</b>	<b>1,851,239</b>	<b>729,691</b>
<b>Non-Current Liabilities</b>	<b>15,267</b>	<b>7,658</b>
<b>Total Liabilities</b>	<b>1,866,506</b>	<b>737,349</b>
<b>Net Assets</b>	<b>3,545,496</b>	<b>3,436,485</b>

## Current Ratio

The current ratio seeks to measure an organisations' ability to pay off its short-term liabilities with its current assets, CAAPS current ratio = 1.4.

This indicates that CAAPS has 1.4 times more current assets than current liabilities, and is able to fund its current liabilities without having to sell off any of its assets.



## **Council for Aboriginal Alcohol Program Services Aboriginal Corporation**

ABN: 24 981 990 592 | ICN 8076 | General Finance Report: EXCERPT | For the Year Ended 30 June 2018

### **COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION ABN: 24 981 990 592**

#### **DIRECTORS' REPORT**

The Directors submit the financial report of the Council for Aboriginal Alcohol Program Services Aboriginal Corporation (CAAPS) for the financial year ended 30 June 2018.

#### **OPERATING AND FINANCIAL REVIEW**

The surplus from ordinary activities of the Corporation amounted to \$373,836 (2017: \$228,865). In addition there was other comprehensive loss this year of \$264,825 (2017: \$150,761) following the revaluation of buildings and improvements.

#### **PRINCIPAL ACTIVITIES**

The principal activities of CAAPS during the financial year were to provide care and support services to Aboriginal and Torres Strait Islander people, families and communities who were affected by addiction to alcohol and other drug related problems.

There were no significant changes in the nature of the activities of the Corporation during the year.

#### **EVENTS SUBSEQUENT TO REPORTING DATE**

There has not arisen in the interval between the end of the financial year and the date of this report any matter or circumstance that has significantly affected or may significantly affect the operations of the Corporation, the results of those operations, or the state of affairs of the Corporation, in future financial years.

#### **LIKELY DEVELOPMENTS**

The Corporation will focus on increasing the support services available to the Aboriginal and Torres Strait Islander people.

#### **ENVIRONMENTAL REGULATION**

The Corporation's operations are not subject to any significant environmental regulations under either Commonwealth or Territory legislation. However, the Directors believe that the Corporation has adequate systems in place for the management of its environmental requirements and is not aware of any breach of those environmental requirements as they apply to the Corporation.

#### **DISTRIBUTIONS**

The Corporation's rule book precludes it from distributing any surpluses to members. Accordingly, no distributions were paid, recommended or declared by the Corporation during the year.

#### **DIRECTORS**

The Directors of the Corporation at any time during or since the end of the financial year are:

<b>Name</b>	<b>Position</b>
Darren Johnson	Chairperson
Henry White	Director, resigned November 2017
Carlene (Kay) Ann Gehan	Director
Marie Tipuloura	Director, resigned November 2017
Francis Ah Mat	Director
Rosemary Baird	Director, appointed November 2017
Michael Levy	Independent Director, appointed July 2017



**COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION**  
**ABN: 24 981 990 592**

**DIRECTORS' REPORT (continued)**

**DIRECTORS' MEETINGS**

The number of directors' meetings and the number of meetings attended by each of the directors of the Corporation during the financial year are:

Director	No of meetings held	No of meetings attended
Darren Johnson	6	6
Henry White	3	3
Carlene (Kay) Ann Gehan	6	5
Marie Tipuloura	3	1
Francis Ah Mat	6	5
Michael Levy	6	5

**AUDITOR'S INDEPENDENCE DECLARATION**

At no time during the financial year ended 30 June 2018 was an officer of the Corporation the auditor, a partner in the audit firm, or a director of the audit company that undertook the audit of the Corporation for that financial year.

The lead auditor's independence declaration forms part of the directors' report for the financial year ended 30 June 2018.

**PROCEEDINGS ON BEHALF OF THE CORPORATION**

During the year, no person has made application for leave in respect of the Corporation under section 169-5 of the Corporations (Aboriginal and Torres Strait Islander) Act 2006 (the Act).

During the year, no person has brought or intervened in proceedings on behalf of the Corporation with leave under section 169-5 of the Act.

This report is made in accordance with a resolution of the directors and is signed for and on behalf of the Board of Directors by:



Darren Johnson  
Director  
Date: 8 October 2018



Francis Ah Mat  
Director  
Date: 8 October 2018

**COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION**  
**ABN: 24 981 990 592**

**STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME**  
**FOR THE YEAR ENDED 30 JUNE 2018**

	Note	2018 \$	2017 \$
<b>Income</b>			
Revenue from grants and contributions	2A	3,891,521	3,188,615
Interest received	2B	14,678	14,980
Other revenue	2C	175,454	157,808
Gain on disposal of property, plant and equipment	2D	10,000	1,818
<b>Total Contribution</b>		<u>4,091,653</u>	<u>3,363,221</u>
<b>Expenses</b>			
Employee benefits expense	3A	2,765,033	2,406,804
Other expenses	3B	952,784	727,552
<b>Total Expenses</b>		<u>3,717,817</u>	<u>3,134,356</u>
<b>Net surplus for the year</b>		<u>373,836</u>	<u>228,865</u>
<b>Other Comprehensive (Loss)/Income</b>			
Decrease on asset revaluation	16	<u>(264,825)</u>	<u>(150,761)</u>
<b>Total comprehensive income for the year</b>		<u>109,011</u>	<u>78,104</u>



**COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION**  
**ABN: 24 981 990 592**

**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 JUNE 2018**

	Note	2018 \$	2017 \$
<b>ASSETS</b>			
<b>Current assets</b>			
Cash and cash equivalents	4	2,412,703	1,364,441
Accounts receivable and other debtors	5	5,521	6,411
Other current assets	6	136,301	20,563
<b>Total current assets</b>		<u>2,554,525</u>	<u>1,391,415</u>
<b>Non-current assets</b>			
Property, plant and equipment	7	<u>2,857,477</u>	<u>2,782,419</u>
<b>Total non-current assets</b>		<u>2,857,477</u>	<u>2,782,419</u>
<b>Total assets</b>		<u>5,412,002</u>	<u>4,173,834</u>
<b>LIABILITIES</b>			
<b>Current liabilities</b>			
Accounts payable and other payables	8	482,950	267,718
Grant liabilities	9	1,173,547	303,021
Provisions	10	194,742	158,952
<b>Total current liabilities</b>		<u>1,851,239</u>	<u>729,691</u>
<b>Non-current liabilities</b>			
Provisions	10	<u>15,267</u>	<u>7,658</u>
<b>Total non-current liabilities</b>		<u>15,267</u>	<u>7,658</u>
<b>Total liabilities</b>		<u>1,866,506</u>	<u>737,349</u>
<b>Net Assets</b>		<u>3,545,496</u>	<u>3,436,485</u>
<b>ACCUMULATED FUNDS</b>			
Retained surplus		3,118,016	2,744,180
Asset revaluation reserve	16	427,480	692,305
<b>Total accumulated funds</b>		<u>3,545,496</u>	<u>3,436,485</u>

## Thank You

A huge thank you to The GPT group from Casuarina Square who chose CAAPS for a volunteer day. The CAAPS project had three elements: our fire pit, our art area behind the Healthy Families Office and our greenhouse.

The GPT Group has a close network of fantastic local contractors who supported them on the project: a national architecture practice for the fire pit design, a major gardening and supply store, contractors who gave machinery and skilled labour, and electrical contractors who lit up our VSU area as an added bonus. The team who came on the day were truly interested in the work of CAAPS and of course our staff did not just sit and watch - we had a team of CAAPS staff who happily slipped on that hat, slapped on the sun screen and dug in. It resulted in a great feeling of team work and an improved space for our clients.

We would like to sincerely thank The GPT Group and their key partners who were on board this year who donated their time, resources, equipment and materials including Hutchison's Builders, Hames Sharley, Assetlink, Pattermores, FRM, Ostojic, JGA Concreting, TJR Constructions, Bunnings, KCS, Perfect Greens and CBD Civil.



## Supporters

**Amity**  
Community Services Inc

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**Darita Dilba**  
HEALTH SERVICE

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NORTHERN TERRITORY

**VIVA**  
EnergyAustralia



## CAAPS Administration Team

The CAAPS administration team not only support corporate services throughout the organisation but they also play a much needed role in clients service. This team provides front of service information to the community as well as managing hostel operations to ensure clients are comfortable and have what they need while they are staying at CAAPS. They provide client transport and also help with all the little things that make it a better experience for clients; like providing access to phone cards so that people can stay in contact with family and friends.



## Cover Art

This painting was created by clients undertaking CAAPS AOD Treatment Program. It welcomes guests and visitors to CAAPS and shares the story of wandering in crisis with the challenges in life on the left. It represents seeking help from family and gaining their support to begin the journey at CAAPS to become healthy and strong. When the journey at CAAPS has completed, the community and family are there waiting; but CAAPS will be there if ever needed again.





