

**Council for Aboriginal
Alcohol Program Services Corp.**



ANNUAL REPORT

2019

About Us

CAAPS is a community controlled Aboriginal Corporation that supports Aboriginal and Torres Strait Islander people and families who are experiencing alcohol and other drug (AOD) issues. Originally formed in 1984, CAAPS is now registered with ORIC and proudly sponsored by the Commonwealth Department of Prime Minister and Cabinet, the Northern Territory Government, Northern Territory Primary Health Network and corporate sponsors such as Viva Energy Australia.

Our Mission

CAAPS is a family focused Aboriginal and Torres Strait Islander community controlled organisation whose mission is to provide evidence based assistance to overcome problems caused by substance misuse, while raising public awareness and advocating for client and community needs.

Our Vision

It is the vision of CAAPS to provide excellence in service delivery in the area of substance misuse.

Values

Caring for clients, culture and community. Having **Integrity** and **Pride** in all our actions. Working **Harmoniously** together to **Empower** others to be the best they can. **Respecting** the rights and values of all.

Services

- A residential AOD rehabilitation service, the Healthy Families Program offers up to 32 places for a family focused 12 week program.



- A 16 week residential Volatile Substance Use (VSU) program for up to 10 clients.
- A homelessness outreach service to the Darwin-Palmerston region.
- Deadly Clever, an education program for young people in the VSU program.
- Strong Steps, a satellite counselling service in partnership with Amity Community Services in the Rural Area.
- A Housing Accommodation Support Initiative (HASI) worker operating in collaboration with the Anglicare HASI team to support people with mental illness and maintain their tenancy.

CAAPS Logo

CAAPS gratefully acknowledges William Parmbuck's contribution to the CAAPS Logo design.



The people in the centre of the logo represent the clients and families who CAAPS help. The people around the outside of the circle are from all the communities that are serviced by CAAPS and are members of CAAPS. The two Boomerangs represent keeping together and staying strong. The gaps at the top and bottom show that CAAPS is always open to Families and also represents their coming in and going out.

Accreditation

CAAPS has been accredited with QIC, a nationally recognised accreditation program, since 2015. The QIC Health and Community Services Standards support a wide range of organisations like CAAPS, to strengthen and develop a cycle of continuous quality improvement.



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All information/data in this document is for period of 1st July 2018 - 30th June 2019 only.

Messages From Our Board



Darren Johnson
Chairperson

Welcome to the CAAPS Annual Report - this year has been another successful year in terms of achievements, but it is not without struggle to make everything run smoothly.

As CAAPS is a community based organisation, we need more people to get involved and to have an interest in the important work that is happening here. I would like to acknowledge the support we have received from our funding bodies as we celebrate our 35th Anniversary.

However, I encourage Government at all levels to recognise the important work and to better support CAAPS. I also encourage people from within the wider community to become members of CAAPS, to share in our successes and be a part of the great work we are doing.

I would like to acknowledge the great work and efforts of Jill Smith, Elizabeth Stubbs and all of the CAAPS staff, who work very hard every day to make sure that we give the best to our clients. On behalf of the CAAPS Board of Directors, we look forward to another successful year with CAAPS and the opportunity to make a difference within our ever-changing community.

As I prepared for CAAPS 35th Anniversary this year, I found myself reflecting on the success CAAPS has had and the many opportunities taken to really make a difference within our wider community and the challenges we have overcome to keep our organisation viable.

CAAPS is a robust organisation that has displayed a dynamic approach to dealing with new challenges, to the changing environment of substance abuse and the effects this has on the vulnerable families.

CAAPS main aim is to pull families together and help to heal, but we do need more support to do this. I strongly urge our funding bodies to rise to the challenge as we have, to help us on our journey in improving the lives of so many of our people. I urge key community organisations from within the health network to partner with us and together we can achieve greater outcomes.

We need more support from our community, I urge people from across the Northern Territory to become members of CAAPS and take an interest in what we are doing in supporting people when they are at their most vulnerable.



Kay Gehan
Vice Chair Person



Frank Ahmat
Director

This year marks a significant milestone in CAAPS history with our 35th Anniversary being celebrated by so many of our stakeholders.

As we farewell the year, it is with great satisfaction that we reflect on the achievements which have been made at CAAPS, which can only have been accomplished through the hard work and determination of each and every one of CAAPS staff, under the leadership of Jill Smith and Elizabeth Stubbs.

I cannot thank the staff enough for their efforts in managing their area of responsibility, for their continuous dedication and their ability to reach beyond.

You are an absolute credit to CAAPS, to our clients and to yourselves, your devotion to work and your achievements are the very essence of why CAAPS remains a high achieving organisation and an essential part of the community.

CAAPS continues to provide good outcomes in tackling substance misuse for Aboriginal and Torres Strait Islander peoples, despite the pressures of funding levels that are disproportionate to the therapeutic benefits provided to individuals and their families, together with the wider community.

The work and passion of the staff is to be admired and I look forward to continuing to work with management and the Board in the future.



Mike Levy
Independent Director

Key Board Achievements and Highlights

This year our CAAPS board has continued to work hard in providing strong leadership and governance to CAAPS. Board achievements and highlights for 2019 include review and endorsement of the following Key Documents:

- CAAPS Governance Action Plan
- The Strategic Plan for CAAPS

- CAAPS 3 year continuous improvement plan

Our board also participated in governance training facilitated by our Independent Director, Mike Levy which covered off on areas of good governance and legal and financial responsibilities.

Board Members Kay Gehan and Frank Ahmat at the CAAPS 35th Anniversary Cake Cutting Ceremony with CAAPS Founding member Rosemary Murdoch, past board member Henry White, CAAPS CEO Jill Smith and the Honourable Natasha Files.



Board Member Kay provided a moving speech at the CAAPS 35th Anniversary open day.

CEO Report

2018/19 was another year of intense activity and innovation to cover the inevitable staff movement within teams. A management restructure allowed some team members to successfully secure promotions. Aoife Connaughton and Elizabeth Stubbs are now sharing the role of Executive Manager, Charlotte Taylor was appointed to the role of AOD Manager, Amber Martin accepted the Coordination role after a further extension of the Strong Steps program, and Anupa Mathew continues in the VSU Supervisor role. The backfill of these roles also brought growth and development opportunities for others. It should be noted 28% of our staff have been with CAAPS more than 5 years, but 42% of staff commenced within the past 12 months. Without the support of an internal human resource officer, the continuous activity around recruitment has placed additional load on our busy management team and we thank you.



Jill Smith
CEO

This year CAAPS also trialled a 'virtual CFO' to support our day to day financial management. This has been possible due to our transition to cloud based data management and the perseverance of a small bunch of people in the establishment phase. I thank Sharon Smellin our Finance Officer for sticking with the process this year. Through a new partnership with Anglicare NT, CAAPS was able to employ an additional staff member to provide an element of cultural safety to the HASI program. We welcome Sharlene Tipungwuti to this new role.

The support of the NTPHN and NTG Health has allowed us to refurbish a dedicated counselling space to allow clients to access external counsellors during their time at CAAPS. This can be done face to face or through video link/ telemedicine technologies. These facilities will also allow increased opportunities for clinical supervision and improved connection to remote workers and community.

CAAPS embarked on a comprehensive review of the Volatile Substance Use treatment program, supported by the NT MHAOD Branch and in consultation with Dr Howard Bath. While the outcome of that report may indicate recommended changes, a highlight for our teams is witnessing the pride and gratitude of family members who support their young people to come to CAAPS, with many elders and family members travelling and participating in client graduation ceremonies this year. We have all been greatly moved by the significance of these special events

This year we celebrate our 35th anniversary in true CAAPS style, reflecting on our journey and honouring those who worked so hard to get us where we are today. With the help of our Aboriginal and non-Aboriginal community service partners, and the generous support of the NTG Community Benefit Fund and PM&C NAIDOC grant, we held a very successful open day and the bush tucker cooked on our newly renovated fire pit lifted the spirits of our team and impressed our visitors.

Once again I am humbled by the commitment of our staff and community stakeholders, our Members, Cultural Advisors and Board of Directors, who believe in CAAPS and support our work.

I sincerely thank you all.

Celebrating CAAPS Values

To celebrate CAAPS values and the contribution that our staff make towards these values, CAAPS hold quarterly CIPHER awards. The word CIPHER forms an acronym that represents our values of Caring, Integrity, Pride, Harmony, Empowerment and Respect.

Staff are nominated by their peers each quarter to recognise the values they display in their work at CAAPS.

CIPHER Award Recipients 2018 - 2019

3rd Quarter 2018 – Anupa Mathew and Derylene Voysey

4th Quarter 2018 – Elizabeth Stubbs and Amber-Rose Martin

1st Quarter 2019 – Maria Corbett

2nd Quarter 2019 – Quentin Theron and Tania Ballestrin

Each year we also recognise an employee for the prestigious Employee of the Year award.

In December of 2018 Lee Frank was given this honour, being nominated by his peers and management for the values he displays in his work with young people in the Volatile Substance Misuse Program.



Lee Frank
Staff Member
of the Year 2018

Working at CAAPS – Staff Story (Aura Tipene)

Aura Tipene has been working at CAAPS for 5 years and had the opportunity to transition through a few roles. Here is her story.



Aura Tipene
Healthy Families
Administration team

I started working for CAAPS in 2014 as the Children's Worker, supporting children who come into the AOD program with their parents or caregivers.

Working in this role provided me with much joy and the opportunity to support the children in various ways. Including; engaging in school, learning new skills, making friends, learning to socialise appropriately, learning protective behaviours and generally making positive changes and establishing routines. From there, I moved to the role of Administration Officer for the Healthy Families Department. I have learnt so much and continue to learn in this position.

My main role is to provide administrative support to CAAPS staff and clients. From our VSU, AOD and Children's programs, to supporting intake and other CAAPS administration roles.

My current role is varied and I support intake processes and also organise the graduations for clients and help arrange client recreational outings. I have come to realise that answering

phones and taking messages is just a tiny percent of what I do and there is so much more involved in being an administration officer at CAAPS.

Every day is different and always has different challenges - this always keeps me on the go, and I learn something new every single day! I get the opportunity to see new clients enter the program from referral and then travel through the program all the way to their completion and Graduation. This provides me with the satisfaction of knowing that CAAPS is providing a great service to help people who want help.

It is the most amazing feeling to be a part of the support offered to clients, knowing the changes and challenges that they all face through the journey to recovery.

Being a part of that and knowing that I am helping someone even if it's a little, is one of the many reasons I like being a part of CAAPS.

CAAPS Staff

This year CAAPS has seen a lot of staff movement, promotions, the arrival of new staff, and the farewell of staff moving on to other adventures. Here is a summary of CAAPS 2019 staffing.

Current Staff Demographic

- 45 employees (19 FT/ 16 PPT/10 Casual)
- 16 Aboriginal (43% of direct client support staff are Aboriginal)
- 16 Male
- 29 Female

Farewells

This year saw 13 staff leave CAAPS employment for various reasons including family obligations and relocation and pursuit of other career opportunities. This included an 80% turnover in CAAPS casual staff through securing other employment. CAAPS would like to thank them for their service and wish them well in their future endeavors.

Promotions

- Aoife Connaughton job sharing Executive Manager role with Elizabeth Stubbs
- Charlotte Taylor accepted AOD Manager role
- Anupa Mathew continues in VSU Supervisor
- Kim Brown transitioned into Intake Coordinator
- Amber Martin accepted the Coordinator role at Strong Steps

Long service

Ora Opai received a long service award for 5 years of service in late 2018. Aunty Noely Briston continues as the longest serving staff member for 27 years.



Ora Opai



Aunty Noelene
Briston

CAAPS Committees

As part of our commitment at CAAPS towards quality improvement, risk management and safety, a number of committees operate throughout the year to guide important processes and oversee specific areas.

Cultural Safety Committee

As an Aboriginal Community Controlled organisation, CAAPS values cultural safety and works within a Cultural Framework to ensure key principles are met. The cultural committee's role is to review processes, programs, services and publications to make sure they are culturally appropriate for Indigenous people. The committee also oversees cultural safety amongst the CAAPS Workforce. The committee meets four times a year and reviews the Cultural Safety Framework annually.

Cultural safety at CAAPS means an environment that is safe for Indigenous people; where there is no disrespect or discrimination of race and culture. It's about treating each other with respect and working together with dignity. The committee ensures that CAAPS is a safe environment where Indigenous people feel comfortable, safe and secure. A place where shared respect, knowledge and the experience of learning and working together with dignity is a priority. The committee works closely with CAAPS programs and staff to promote the strengthening of identity, culture, families and community. Michael Torres from Darwin Indigenous Mens Service Aboriginal & Torres Strait Islander Corporation has been part of the Cultural Committee since its inception in 2016 and provides community representation.



Michael Torres

Clinical Team

The Clinical Team consists of a multidisciplinary group of staff including staff with qualifications in Health, Behavioural Science and Social Work to name a few disciplines. The team work to oversee clinical operations throughout the organisation.

This includes the review of clinical policy and procedure, monitoring client related incidents, reviewing programs, services and documents in line with good clinical governance and ensuring that best practice and professional development in clinical areas is ensured.

WHS Committee

CAAPS recently invested in our staff member Michael Chan, providing a professional development opportunity to complete Health and Safety Representative training that complies with the Work Health and Safety Act (2011). The 5-day course provided him with the skills and knowledge to fulfil the role of a Health & Safety Representative (HSR)

Elected employees in organisations represent the health and safety interests of workers within their workplace. We thank Michael for agreeing to be nominated and chair the monthly WHS committee meetings going forward. We also thank him for his time as Coordinator of the Cyclone Committee. Michael will be responsible for identifying legislative obligations, participating in consultation and issue resolution representing members in the WHS risk management process.



Michael Chan
HSR and WHS
Committee Chair

CAAPS 35th Anniversary Open Day

On the 10th July 2019, during NAIDOC week, CAAPS celebrated our 35th Anniversary. This milestone was an incredible achievement and one CAAPS Board and staff were proud to celebrate.

The day provided people from the community with an opportunity to come and experience the serene setting in which we are based and find out more about CAAPS and other community service providers.

The Welcome to Country for the day was delivered by Jeaneen McLennan of the Larrakia people, and the official opening was presented by the Honorable Natasha Fyles MLA.

Many of the founding members and people who have been involved in CAAPS over the years are still a part of the organisation, and occasions like this give them a chance to share their experiences. The heartfelt and emotional speech from CAAPS Vice Chairperson Key Gehan, represented the passion and emotion of the CAAPS team and those involved with CAAPS over the years.

As you will read this report you will see that CAAPS has achieved a lot this year, and it is our clients who remain our focus. Those who were completing their program at the time of the event, were excited to be a part of it.

The event shared the history and celebrations from 35 years of service to the NT and also catered to families, with entertainment by Upai Purri, Torres Strait Islander dance group and the Jaxon De Santis Band. The fire pit was a definite hit on the day, with the crowd requesting more than just a taste of the Buffalo, Barra and Kangaroo tail. The addition of a mega-BBQ meant no one left hungry.

The Burning Circus and Darwin Castles made sure the children were well looked after. Another highlight was all the service providers that set up stalls for the community to come and engage. As you can see, the day was a hit and we would like to thank all the people that made it possible. In particular thanks to Aoife Connaughton who coordinated the event of from many months of planning.



2018-2019 HIGHLIGHTS

Anti-Poverty Week 2018

CAAPS CEO chaired the NT Anti-Poverty Week Committee for 2018. CAAPS HOS staff participated in Walk in my Shoes event.



NIDAC Conference 2018

Strong Steps staff presented at the National Indigenous Drug and Alcohol Committee Conference in November 2018 on the Strong Steps Pilot (CAAPS & Amity Community Services).



AADANT Conference 2019

CAAPS staff presented at the AADANT Conference in April 2019 on the CAAPS Deadly Clever program.



Improvements to Facilities

This year there was a number of enhancements made to CAAPS facilities including; refurbishment of existing room to provide counselling facilities with video conferencing for remote counselling, refurbishment of gym and renovations to Strong Steps office to provide additional counselling space and video conferencing facilities.



Demand Study on Alcohol Treatment Services

CAAPS staff member participated in the advisory group for consultation on the Demand Study of Alcohol Treatment Services in the NT (2019).



Program Evaluations

Evaluation of the Deadly Clever program and the Strong Steps Pilot was completed (2019). Both evaluations showed positive outcomes for each of the programs.



STRATEGIC PLANNING HIGHLIGHTS

Key Result Area: Resources

7

staff received awards for their outstanding promotion of CAAPS values.

28%

of Aboriginal staff have been employed with CAAPS for 5 years or over.

1. Commit to Good Governance, Risk Management and Legal Compliance at all times

2. Encourage an organisational culture of improvement and sustainability

6

staff have received bursaries through AADANT & NT PHN to study either Certificate IV or Diploma of Alcohol and Other Drugs.

1

new board member for CAAPS board of directors. Ashum Owen brings new skills to compliment our highly skilled board of directors with her background in law.



200
CAAPS open day
attracted over 200
visitors.

CAAPS
Information
stalls provided at
various local events
including Anti-Poverty
Week 2018, AADANT
Conference, Ozanam
House Luncheon and
CatholicCare NT
Family Day.



**3. Market CAAPS
internally and
externally**



Development of
Facebook social
media page to
reach wider
audience.

2
conference
presentations about
CAAPS programs
(AADANT & NIDAC).

STRATEGIC PLANNING HIGHLIGHTS

Key Result Area: Client Services

Clinical Team met 8 times to oversee areas of Clinical Governance (July 2018-June 2019).

Formal evaluation carried out for Deadly Clever Program and Strong Steps Pilot.

4. Ensure best practice in clinical governance

2
staff completed Mental Health assessment and suicide prevention training with Tracy Westerman (Aboriginal specific).

2
staff attended Three Pillars (trauma informed care when working with young people) train the trainer course and subsequently trained 11 CAAPS staff.

22

clients assisted
to attend
2019 NAIDOC
celebrations.

70%

of people
attending the
AOD program
attended as
part of a family
group.

HASI
worker based
at CAAPS working
in conjunction with
Anglicare to support
people experiencing
mental health
issues.

Video
Conferencing
facilities to provide
remote counselling
services through
Strong Steps
service.

5. Ensure cultural connection
and family are the foundation
of the work with clients

6. Increase the range
of services provided to
clients

87

cultural
sessions
conducted last
financial year.

CAAPS Cultural
Committee met 4
times (quarterly) to
oversee the CAAPS
Cultural Safety
Framework (July
2018 – June 2019).

Additional
staffing for
Strong Steps
program to
increase service
capacity.

STRATEGIC PLANNING HIGHLIGHTS

Key Result Area: Partners

339

follow up contacts
with clients who
have exited CAAPS
programs.

*7. Build sustainable links with client's
communities*

90

people supported
through HOS program
with housing needs in the
community.

5

current MOU's with
community services to
enhance service delivery
to people accessing
CAAPS services.

142

clients and their families supported to access residential services through the Department of Prime Minister and Cabinet funding (July 18 – June 19).

Strong Steps provided services to 313 people this financial year through NT PHN funding.

8. Work with government agencies to deliver innovative programs which benefit communities

Current collaboration with Anglicare NT and Amity Community Services on government funded projects (Strong Steps, HASI).

44 clients and 3 family members supported to participate in VSU program through Northern Territory Government funding (July 2018 to June 2019).

AOD Program

The 12 week Alcohol and Other Drugs Residential Treatment (AOD) program offers:

- Residential or day options
- Optional attendance for families and supportive others
- Intensive case management
- Therapeutic treatment sessions (CBT, Relapse Prevention)
- Peer support opportunities
- Life skill development sessions and support (cooking, hygiene, parenting, budgeting)
- Discharge planning

CAAPS AOD Treatment program has continued to grow from strength to strength over the past year. We have witnessed the benefits of the restructure to have a dedicated Program Facilitator. This allows AOD Case workers more time to spend supporting our clients while the facilitator role can focus on program delivery. This has improved client engagement in program sessions which forms a key part of the recovery journey.

CAAPS continues to work closely alongside other community stakeholders to further enrich the experiences of CAAPS clients. Male clients attend Darwin Indigenous Mens Service weekly where they can access culturally appropriate one-to-one mentoring/counselling and group programs through this service.

Relationships Australia NT deliver Aboriginal Building Connection (ABC) Education Program onsite to CAAPS adult clients, while Danila

Dilba Health Services attend to present smoking cessation sessions.

Highlights have included the use of the fire-pit area regularly for traditional cook-ups and evening yarns. As well as the impressive banner that clients created for this year's NAIDOC March.

"I feel really happy that I completed the program I'm so happy about myself. I been doing pretty well in here and I enjoyed every moment learning about good things here in CAAPS."

- CAAPS Client



Statistics

- 81.7% from remote communities
- 40 Males, 43 Females
- Average length of stay (AOD Adults) 68 days
- 94% of clients surveyed on exit reported that they felt their health and well-being had improved since coming to CAAPS
- Primary substance of concern: 66% Alcohol , 17% Methamphetamine, 16% Cannabis, 1% Nil use reported



***"I came in a bit weak
now I feeling really strong.
I have learnt a lot on how to
control my habits. It's a very
good place to be you get a lot
of help no matter what your
situation is the support here
is amazing"
- CAAPS Client***

VSU Program

The Volatile Substance Use (VSU) program offers the following services to young people aged between 12 to 24 years of age:

- 16 week treatment program for young people experiencing issues around volatile substances, alcohol and other drugs (residential/day modes).
- Life skill capacity building programs.
- Access to numeracy and literacy programs.
- Intensive case management services.

Working with young people can be challenging and we are improving our practice as each year passes. Currently the VSU program is under review with the engagement of consultant Dr Howard Bath, to provide a comprehensive evaluation of the staffing, funding, and structure of the program.

Although we have seen lot of movement in our staffing of the program this year, 66% of VSU permanent staff identify as Aboriginal. This has been imperative to better program engagement and recovery.

Initiatives and activities available to VSU clients this year include:

- Participation in the development of an Aboriginal and Islander Mental Health Initiative for Youth (AIMhi-Y) e-mental health resource.
- ART ME UP project funded by the NT Department of Health support clients with opportunities to access healthy lifestyle choices by re-imagining daily life through the arts and drumming.

- Participation in a Couch Surfing race to highlight the issue of youth homelessness.
- Attending the launch of the Night Series-Midnight basketball organised by City of Darwin.
- Bike Refurbishing course, Weekly Indoor Beach Volleyball, Creative art classes, Cooking classes, Dance classes and NTFL football provides diversity of engagement.
- Protective behaviour sessions, and Danila Dilba group counselling providing therapeutic support.
- Additional recreation space provides board games, musical instruments, art supplies and a PlayStation activities.

Statistics

- 44 clients and 3 family members participated in VSU program between July 2018 to June 2019
- 32 male clients, 11 female clients and 1 gender diverse client attended VSU program
- 75% clients completed relapse prevention plans before discharge
- 16 clients completed the program
- 28 clients were supported through case management as part of their participation in the VSU Program.



“I was absolutely blown away to see that confidence that just shone out of her when I arrived at CAAPS on Thursday. I can see that she has completely come into her skin! Confident, exuberant, chatty, happy and healthy looking. What a joy to see her laughing and smiling and engaging in conversation, selfies, confident in her surroundings. It is just a joy to see these young people have come into their own and had the chance to discover who they are as individuals in a safe place. Thank you”

- CAAPS stakeholder

Deadly Clever Program

The Deadly Clever program is available to participants attending the VSU program and provides:

- Tailored numeracy and literacy classes.
- Intensive one on one numeracy and literacy support based around individual assessment and screening.
- Case management around engagement with education and training.

The Deadly Clever program had more than its fair share of challenges this year, however this presented the team and program with opportunities to develop greater insight as well as strategies and resources to respond in times where difficulties arise.

Some of our main highlights have included:

- Attending the Three Pillars of Care workshop and incorporating key concepts into the Deadly Clever program
- Completing the “We’re Gonna” health promotion music video and entering it into the Darwin International Film Festival
- Launching the CAAPS Open Day Youth Art Gallery with an art award for the youths’ best art work
- Joining with Malak Re-engagement Centre clients for sporting activities
- Enrolling our youths in the twice weekly Beat of Culture program at Charles Darwin University
- Introducing Beach Volleyball as a weekly activity

Statistics

- **160** Literacy & Numeracy sessions
- **40** sport sessions
- **30** Experiential therapy sessions (cooking, bike repairs, adventure trails)
- **15** Play therapy sessions
- **30** Drumbeat sessions

Viva Energy Australia Sponsorship

CAAPS were approached by Viva Energy Australia in late 2016 because they wanted to work with a local service provider in the NT to support young people through treatment for volatile substance use.

As part of Viva’s desire to give back to Aboriginal communities and people, Viva instigated the sponsorship of CAAPS Education program allowing us to employ our own teacher to expand our capacity to support young people.





Strong Steps Program

Strong Steps is now in its third year of operation in the Darwin Rural area with receipt of a further 12 months of funding confirmed earlier this year. Strong Steps services people who are impacted either by their own or someone else's methamphetamine, alcohol or other drug use.

The program remains on track achieving set goals for provision of intervention, including:

- Assessment and Screening
- Counselling
- Brief Intervention
- Referral
- Information and education

Strong Steps is a pilot initiative from CAAPS Corp. and Amity Community Services Inc. and is funded by the Northern Territory Primary Health Network through the Methamphetamine, Drug and Alcohol Treatment Services funding.

Earlier this year Strong Steps took part in an evaluation. Analysis of outcomes data (ORS and SRS scores) showed that clear therapeutic gains were evidenced by most clients presenting in the clinical range.

Interestingly, female clients and Indigenous clients evidenced the most gain from the program.





***“My counsellor
was amazing!
I enjoyed my
counselling and I
have been telling
people about Strong
Steps as well”
- Client***

Statistics

- Strong Steps has provided services to **313** people this financial year.
- **748** counselling sessions were provided to people and their families impacted by substance use.
- **91** brief interventions were delivered to people with the aim of reducing the harms of substance use.

***“Strong Steps has been
a very beneficial service for
many of the criminal law clients.
We have found that it provides
inmates with a foundation towards
their recovery journey and sets
them up to be reintegrated back into
community. The name of the program
speaks volumes for what the service
offers – ‘Strong Steps’ towards a
path to recovery”
- Referrer***

Homelessness Outreach Service

CAAPS Homelessness Outreach Program (HOS) supports Aboriginal and Torres Strait Islander people and their families who are homeless or at risk of homelessness to access mainstream agencies to secure and maintain stable accommodation.

HOS continues to develop strong collaborative partnerships with other services to improve pathways for clients and meet their needs. The HOS team also attends community events which provides an opportunity to raise awareness about our service and programs.

The types of assistance and support provided by HOS include:

- Assertive Outreach
- Intensive case management and coordinated case management
- Support transition to stable accommodation & Improve tenancy outcomes
- Advocacy support
- Source material brokerage & Referral for Emergency Relief Funds.

Statistics

- **36** people assisted with medium to long term accommodation
- **30** supported to sustain and maintain their tenancy
- **6** assisted to access emergency accommodation
- **2** people received brokerage funds (up to \$1,000), through Homelessness Response Group

“It has been a privilege learning the knowledge and skills to work with our clients”

Dermot Tipungwuti –
Homeless Outreach
Worker.





Rosanne* and Ted*

Rosanne and Ted and their two children were assisted as part of our Healthy Families Program. Although they come from a remote community, they wanted to remain in Darwin due to overcrowding in their community. Referral to supported accommodation was successful and the family moved into their unit not long after completing their program.

HOS assisted the family with household goods and furniture sourced through community donations. HOS also assisted the children with school enrolments. The family have recently had a Pre-Tenancy Interview with Department of Local Government, Housing & Community Development and now await allocation of a three bedroom home.

**not person's real name.*



Children's Program

This year in the children's program, we have been working hard with homework centre and protective behaviours. This has proven to be successful with children from preschool age and older. Protective behaviour sessions and homework sessions are delivered weekly.

One of the main goals for the children's program is to get kids into school and provide a good start to build on when they go back home to community. Developing school routines is an important part of this as it helps set up the foundation, structure and stability needed to continue on the path to improving school attendance.

One of the highlights from this year's children's program is hearing from parents who have left CAAPS that their children have been attending school regularly.

CAAPS also screen children entering the program with the ASQ-TRAK milestone check. This helps identify if further assessment and referral is needed. Screens such as these are important towards implementing early interventions and improving outcomes for life.

- 59 children participated in the children's program this year
- 29 Parents were supported through the program with Parenting classes, Education, and child development
- 13 children noted to have improved school readiness as a result of program participation
- 88% of school age children had significantly improved school attendance while at CAAPS



**"This program
is giving my child a
chance to learn and get
an education"**

- Parent



AOD Health Support

We continue moving in a positive direction in the area of Health support at CAAPS. Amid the flurry of activity this year, two highlights stand out that are worth mention.

The first is a new initiative recently introduced to support our young people at CAAPS. This involved working with the Danila Dilba Play Therapist and counsellor to provide onsite group sessions for our youth with the aim to develop positive engagement leading to individual counselling sessions. So far this initiative is having good results.

Another highpoint was attending the Aboriginal Mental Health Assessment and Youth Suicide Prevention Workshop facilitated by Adjunct Professor Tracy Westerman. Our Health Worker attended this training with our HASI Aboriginal Liaison Worker and found it to be very informative, practical and well delivered.

Statistics

- **127** clients were referred to our medical provider, Danila Dilba HS for initial health checks.
- **22** clients were identified as requiring intensive health support around medication compliance, and attending medical or psychological appointments. Case workers also provided intensive support to accommodate the numerous health appointments that these clients had to attend.
- **31** clients referred for dental reviews.
- **73** clients supported with medication management.

- **3** clients received support around obstetric issues such as regular midwife appointments, ultrasound, dietician consultation and Royal Darwin Hospital appointments.
- All children admitted with their parents/caregivers were screened for developmental milestones. As a result, 5 children were referred to Danila Dilba for paediatric review.
- The Strong Steps program continues to provide support for clients admitted to the CAAPS program, and 40 clients have been referred for counselling.



HASI Report

NT HASI is the Northern Territory Housing and Accommodation Support Initiative. The aim of the program is to support participants to stay in their homes.

The joint venture evolved between Top End Mental Health Services (TEMHS) and the Department of Housing and Community Development (DHCD). Anglicare NT are the providers who have subcontracted CAAPS staff to support participants experiencing mental illness, have a TEMHS case manager and are current public housing tenants.

CAAPS recruited an Aboriginal Liaison Worker to work with the HASI team, supporting Aboriginal and Torres Strait Islander participants who have secondary substance use issues, by providing cultural safety and AOD advice to key workers. Servicing the Darwin, Northern suburbs and Palmerston areas

Aims:

Supporting people with mental illness 18-64 years of age, and currently living in public housing to

- Develop & achieve personal recovery goals
- Learn or relearn independent living skills
- Maintain their public housing tenancy
- Encourage family involvement in their support
- Improve quality of life, health and general wellbeing.

Administration Support Services

The administration team provide not only corporate support but also play a key role in client's experiences at CAAPS. Our staff support clients providing trips to school, shopping and appointments. They provide support for the upkeep of client accommodation units and food supplies. And have become adept at pest control this year such as possums in the roof and ants in electricity boxes!

Here are some of our highlights throughout the year:



Transport

With our Board's permission, we were able to dispose of two of our older vehicles and the replacements have been well received by our team.

Child Safety

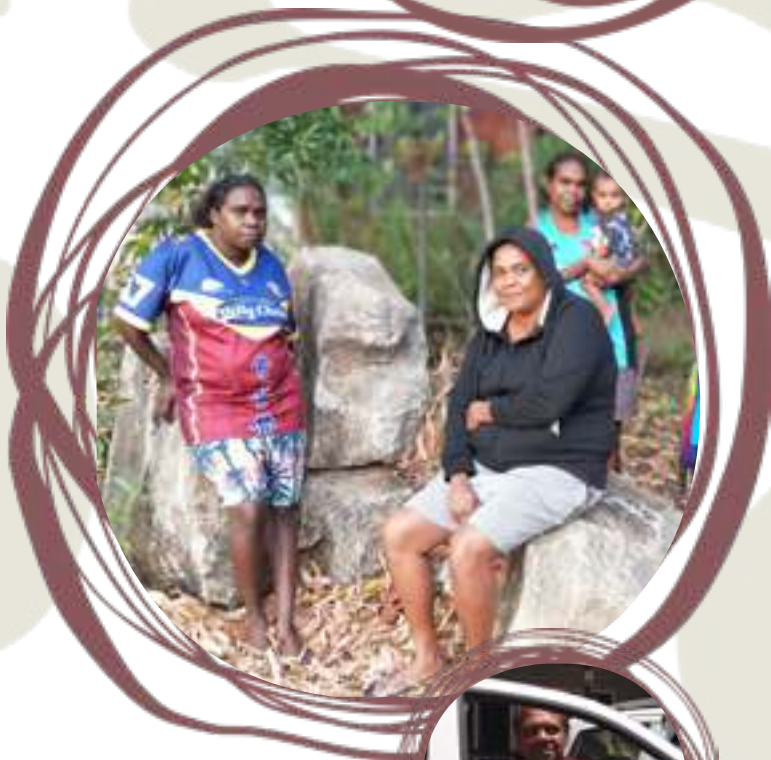
Kids Safe NT recently inspected the installation of child restraints in our vehicles. Staff and clients received 'hands on' instruction on the correct way to install car seats and capsules in vehicles. Our transport officer has since passed this knowledge on to new clients.

Maintaining Client Accommodation

On top of the extraordinary cost of the post-cyclone clean up, rising power costs have been a real burden this year. Purchase of numerous new fridges for our units and replacement of the last of the old box air-conditioners with split systems is helping to reduce some of our energy costs. CAAPS has also investigated the installation of a solar energy system and we await the outcome of a recent grant submission to enable this cost saving measure.

Securing GIVIT Membership

GIVIT makes it easier for organisations to obtain some of the items they require through the GIVIT website at no cost. The unique virtual warehouse eliminates the need for organisations to store, sort and dispose of unwanted items, saving valuable time and providing access to desired resources for clients.



Tommy Friel
Transport Officer

Financial Summary

The CAAPS Board would like to thank the following agencies and organisations for their financial support during 2018-19:

- Commonwealth Department of Prime Minister & Cabinet (PM&C)
- NT Department of Health
- NT Department of Housing
- VIVA Energy Australia Pty Ltd.
- Northern Territory Primary Health Network
- Anglicare NT

CAAPS is incorporated under the Corporations (Aboriginal and Torres Strait Islander) Act 2006 and is required to produce an annual General Purpose Financial Report, details of which are summarised below. For the 2018/19 financial year CAAPS recorded a net surplus of \$72,643.

The Corporation's property, plant and equipment were last valued by an independent valuer, Herron, Todd White as of 30th June 2018 and subsequent adjustments were made through CAAPS Asset Revaluation Reserve.

This valuation reflects the fair value of CAAPS assets at that time and is in line with current accounting principles and the requirements for national accreditation. It was deemed unnecessary to obtain an updated valuation this year.

During 2018/19 CAAPS adjusted down Building and Improvements valuation by \$143,743. This amount was booked against the Asset Revaluation Reserve.

Overall income decreased by 4.66% in 2018-

2019 due to the receipt of funding from the NT Capital Grant in 2017-18. Wages have been steady for the year. CAAPS also implemented the HASI Services program through Anglicare NT during the year.

Both client income and service delivery expenses increased slightly during 2018-19. Service delivery costs (excluding employee related costs) were approximately 16% of total expenses.

Income

	2019 \$	2018 \$
Grants	3,744,454	3,891,521
Client income	126,862	109,741
Other income	9,971	65,713
Interest received	18,651	14,678
Gains from disposal of fixed assets	909	10,000
Total income	3,900,847	4,091,653

CAAPS received the majority of its income from government grants (\$3,744,454 or 96%). Client tariff contributions accounted for 3.3% of total income during the 2018-19 financial year.

Expenses

	2019 \$	2018 \$
Service Delivery Expenses	750,601	632,691
Employee Benefits	2,762,033	2,765,033
Other Expenses	315,570	320,093
Total Expenses	3,828,204	3,717,817
Net Current Year Surplus/ (Deficit)	72,643	373,836
Other Comprehensive Income		
Asset Revaluation Increment	(157,814)	(264,825)
Total Comprehensive Income for the Year	(85,171)	109,011

Assets

	2019 \$	2018 \$
Current Assets	1,304,276	2,554,525
Non-Current Assets	2,735,528	2,857,477
Total Assets	4,039,804	5,412,002
Current Liabilities	561,036	1,851,239
Non-Current Liabilities	18,443	15,267
Total Liabilities	579,479	1,866,506
Net Assets	3,460,325	3,545,496

Current Ratio

The current ratio seeks to measure an organisations' ability to pay off its short-term liabilities with its current assets, CAAPS current ratio = 2.3.

This indicates that CAAPS has 2.3 times more current assets than current liabilities, and is able to fund its current liabilities without having to sell off any of its assets.

Current Assets and Liabilities are significantly lower than 2017-18 due to differences in the timing of grant revenue.



COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION
ABN: 24 981 990 592

DIRECTORS' REPORT

The Directors submit the financial report of the Council for Aboriginal Alcohol Program Services Aboriginal Corporation (CAAPS) for the financial year ended 30 June 2019.

OPERATING AND FINANCIAL REVIEW

The surplus from ordinary activities of the Corporation amounted to \$72,643 (2018: \$373,836). In addition there was a comprehensive loss this year of \$157,814 (2018: \$264,825) following the revaluation of buildings and improvements.

PRINCIPAL ACTIVITIES

The principal activities of CAAPS during the financial year were to provide care and support services to Aboriginal and Torres Strait Islander people, families and communities who were affected by addiction to alcohol and other drug related problems.

There were no significant changes in the nature of the activities of the Corporation during the year.

EVENTS SUBSEQUENT TO REPORTING DATE

There has not arisen in the interval between the end of the financial year and the date of this report any matter or circumstance that has significantly affected or may significantly affect the operations of the Corporation, the results of those operations, or the state of affairs of the Corporation, in future financial years.

LIKELY DEVELOPMENTS

The Corporation will focus on increasing the support services available to the Aboriginal and Torres Strait Islander people.

ENVIRONMENTAL REGULATION

The Corporation's operations are not subject to any significant environmental regulations under either Commonwealth or Territory legislation. However, the Directors believe that the Corporation has adequate systems in place for the management of its environmental requirements and is not aware of any breach of those environmental requirements as they apply to the Corporation.

DISTRIBUTIONS

The Corporation's rule book precludes it from distributing any surpluses to members. Accordingly, no distributions were paid, recommended or declared by the Corporation during the year.

DIRECTORS

The Directors of the Corporation at any time during or since the end of the financial year are:

Name	Position
Darren Johnson	Chairperson
Carlene (Kay) Ann Gehan	Director
Francis Ah Mat	Director
Rosemary Baird	Director, resigned 14 March 2019
Michael Levy	Independent Director
Ashum Owen	Director, appointed 25 July 2019

COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION
ABN: 24 981 990 592

DIRECTORS' REPORT (continued)

DIRECTORS' MEETINGS

The number of directors' meetings and the number of meetings attended by each of the directors of the Corporation during the financial year are:

Director	No of meetings held	No of meetings attended
Darren Johnson	6	5
Carlene (Kay) Ann Gehan	6	5
Francis Ah Mat	6	4
Rosemary Baird	4	4
Michael Levy	6	5
Ashum Owen	-	-

AUDITOR'S INDEPENDENCE DECLARATION

At no time during the financial year ended 30 June 2019 was an officer of the Corporation the auditor, a partner in the audit firm, or a director of the audit company that undertook the audit of the Corporation for that financial year.

The lead auditor's independence declaration forms part of the directors' report for the financial year ended 30 June 2019.

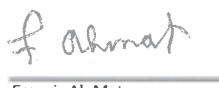
PROCEEDINGS ON BEHALF OF THE CORPORATION

During the year, no person has made application for leave in respect of the Corporation under section 169-5 of the *Corporations (Aboriginal and Torres Strait Islander) Act 2006* (the Act).

During the year, no person has brought or intervened in proceedings on behalf of the Corporation with leave under section 169-5 of the Act.

This report is made in accordance with a resolution of the directors and is signed for and on behalf of the Board of Directors by:


Carlene (Kay) Gehan
Director
Date: 18 October 2019


Francis Ah Mat
Director
Date: 18 October 2019

COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION
ABN: 24 981 990 592

**STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2019**

	Note	2019 \$	2018 \$
Income			
Revenue from grants and contributions	2A	3,744,481	3,891,521
Interest received	2B	18,651	14,678
Other revenue	2C	136,806	175,454
Gain on disposal of property, plant and equipment	2D	909	10,000
Total Contribution		3,900,847	4,091,653
Expenses			
Employee benefits expense	3A	2,762,033	2,765,033
Other expenses	3B	1,066,171	952,784
Total Expenses		3,828,204	3,717,817
Net surplus for the year		72,643	373,836
Other Comprehensive loss			
Adjustment to asset revaluation	16	(14,071)	-
Decrease in asset revaluation	16	(143,743)	(264,825)
		(157,814)	(264,825)
Total comprehensive (loss)/income for the year		(85,171)	109,011

COUNCIL FOR ABORIGINAL ALCOHOL PROGRAM SERVICES ABORIGINAL CORPORATION

ABN: 24 981 990 592

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2019

	Note	2019 \$	2018 \$
ASSETS			
Current assets			
Cash and cash equivalents	4	1,272,143	2,412,703
Trade and other receivables	5	4,706	5,521
Other current assets	6	27,427	136,301
Total current assets		<u>1,304,276</u>	<u>2,554,525</u>
Non-current assets			
Property, plant and equipment	7	2,735,528	2,857,477
Total non-current assets		<u>2,735,528</u>	<u>2,857,477</u>
Total assets		<u>4,039,804</u>	<u>5,412,002</u>
LIABILITIES			
Current liabilities			
Trade and other payables	8	290,159	482,950
Grant liabilities	9	64,168	1,173,547
Provisions	10	206,709	194,742
Total current liabilities		<u>561,036</u>	<u>1,851,239</u>
Non-current liabilities			
Provisions	10	18,443	15,267
Total non-current liabilities		<u>18,443</u>	<u>15,267</u>
Total liabilities		<u>579,479</u>	<u>1,866,506</u>
Net Assets		<u>3,460,325</u>	<u>3,545,496</u>
ACCUMULATED FUNDS			
Retained surplus		3,190,659	3,118,016
Asset revaluation reserve	16	269,666	427,480
Total accumulated funds		<u>3,460,325</u>	<u>3,545,496</u>





Thank You

A huge thank you to all our sponsors and supporters over this financial year.

From our funders that support us all year round to those who help us with projects and providing activities – we thank you all!



Special Thanks

- Northern Territory Government for their sponsorship of CAAPS open day through their Community Benefit Fund
- Prime Minister & Cabinet for their sponsorship of CAAPS open day through their NAIDOC Grants
- Darwin Correctional Centre for providing Trustee's that help upkeep CAAPS grounds.
- Darwin City Council for equipment hire for CAAPS open day.

Cover Art

35th Anniversary Art Collaboration-

Representing a Top End and a Central Desert style, to symbolize the communities CAAPS clients come from.

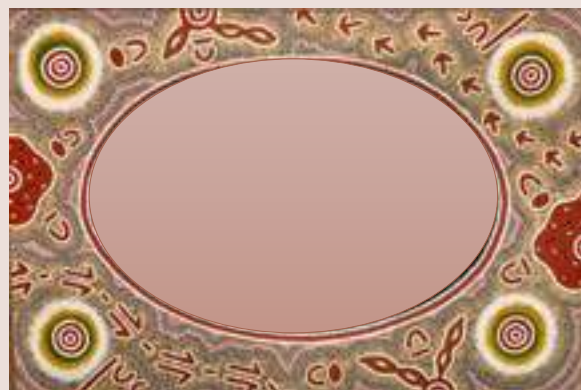
Name: Jack Roe
Skin: Mulu
Totem: Pelican
Tribe: Walman Yawuru

Name: Dean Briscoe
Skin: Jakamarra
Totem: Kangaroo
Tribe: Anmatyerr & Warlpiri

Jabiru Dreaming

It is believed that when the 2 Jabiru's first meet, they are destined for eternal true love, and when 1 dies, the other will soon follow.

The artwork represents bush animals and foods from the Central Australian Desert. It shows men with spears and boomerangs hunting for emus and kangaroos. It also shows women and children with nulla- nullas and coolamons collecting honey ants and witchetty grubs and a person gathering spinifex resin from the grass to make/ mend tools and weapons.



Supporters

Amity
Community Services Inc.

HOLCO
HOLCO GROUP



David Dyer
David Dyer

Indigenous Communities
Department of Indigenous Affairs and Culture

SUNNINGS
warehouse

Anglicare NT
Anglicare NT

GRD Group
GRD Group

menzies
menzies

NORTHERN TERRITORY GOVERNMENT

phn
NORTHERN TERRITORY
An Australian Government initiative

Relationships Australia
Relationships Australia

VIVA
Energy Australia

INDEPENDENT GROCERS
INDEPENDENT GROCERS

